

Certificate in Guidance and Counselling

PROGRAM STRUCTURE

Credit Points - 10

Sr. No	Course Name
1	Basics of Guidance and Counselling
2	Counsellor and Counselling Skills
3	Skills Training Module with Action Learning

PROGRAMME CURRICULUM:

1. Basics of Guidance and Counselling

1. Human Developmental Process
2. Concepts of Guidance and Counselling
3. History of Counselling and Counselling in India
4. Challenges of Counselling in the 21st Century
5. Purpose, Goals, and Types of Counselling
6. The Process of Counselling
7. Techniques of Guidance
8. Psychometric Assessment in Guidance
9. Referral and Transference
10. Ethics and Legal Issues in Counselling in India and Abroad

2. Counsellor and Counselling Skills

1. The Professional Counsellor
2. Basic Counselling Skills
3. Phases of the Counselling Process
4. Follow-up Sessions
5. Parental Counselling
6. Adolescent Counselling
7. Career Counselling
8. Old-Age Counselling
9. Multicultural Counselling
10. Counselling Skills Required for Special Groups
11. Guidance and Counselling for Special Problems
12. Self-Management Skills and Social Competency

3. Skills Training Module with Action Learning

- Online Workshop on Global Education & Collaborative Guidance
- Online Workshop on Stakeholder Engagement & Community Outreach
- Online Workshop on Business, Branding & Collaborative Networking Strategy

Note: Learners are required to submit **two submissions** online based on the Skills Training Module workshops, of 50 marks each. Min passing 50% in all components of the program.